



*Seeking to encourage young people to have a healthy respect for themselves, relationships and sex.*



**LOVEFORLIFE**

.....  
**Annual Report | 2010**  
.....

[www.loveforlife.org.uk](http://www.loveforlife.org.uk)

*“Young people today face many pressures and challenges. They need to learn to cope with and manage the situations, constraints and opportunities which life in a complex society presents. To do this effectively, they require a broad range of knowledge and skills to enable them to develop relationships that will promote their physical, social and emotional well-being.”*

**Stanley Goudie**

*Chief Inspector of the Education and Training Inspectorate*

## **Our children and young people continue to face immense pressure to make unhealthy choices around alcohol, drugs and underage sex.**

At Love for Life we continue to believe that our children and young people can make good positive choices if they are supported to do so through teachers and parents who believe in them, and through communities and Government agencies who value them enough to put in place the policies, boundaries and other protective mechanisms that make our communities and society a safer place to grow up in.

Love for Life is unique in the approach we take in being primary prevention rather than harm reduction centred.

Love for Life continues to deliver high quality Relationships and Sexuality Education (RSE) programmes, both in primary and post-primary schools. The programmes are valued by schools across Ireland. We believe that the delivery of our age-appropriate programmes in schools across Northern Ireland and the Republic of Ireland are having a lasting impact on the lives of young people and the community. Through Love for Life young people daily receive the information, skills and values necessary to make life-enhancing choices that will influence their present and future relationships. The positive feedback we receive from young people, parents and teachers encourages us that what we deliver is relevant and is meeting a need.

In the recent Education and Training Inspectorate ‘Report of an Evaluation of Relationships and Sexuality Education in Post-Primary Schools’, ***Love for Life were by far the leading external agency identified by schools with almost 75% of schools acknowledging the role of Love for Life*** in supporting their RSE programmes.

Love for Life also continues to work with parents to ensure they receive the support they need in addressing these sensitive issues of relationships and sex and continues to encourage community change towards the vision of communities in which young people have a healthy respect for themselves, relationships and sex.

Thank you for partnering with us as we continue to present an abstinence centred message to our children and young people.



**Dr Richard Barr**  
*Medical Director*



# Strategic Influence

Love for Life actively contributes to a range of different government strategies across education, health and social development. Coming from a primary prevention centred approach, Love for Life seeks to promote the personal development and best interests of

children and young people, ensuring that policy is presented within a clear relationships and values framework. We also partner and work across the statutory and community sector. In 2009, Love for Life was an active member of the Regional Sexual Health

Improvement Network, SHSCT Youth Health Advice Service Project Board, the SHSCT Sexual Health Forum being represented at the Prevention, Services and Training sub-groups and the Belfast HSCT Promoting Sexual Health and Well-being Faith Sub Group.

## Inspectorate report

### Over 70% of schools use Love for Life

A report from the Inspectorate into Relationship and Sexuality Education (RSE) provision in NI Post Primary Schools has been released. This report will be widely disseminated and will influence the direction for schools and policy makers for the next few years.

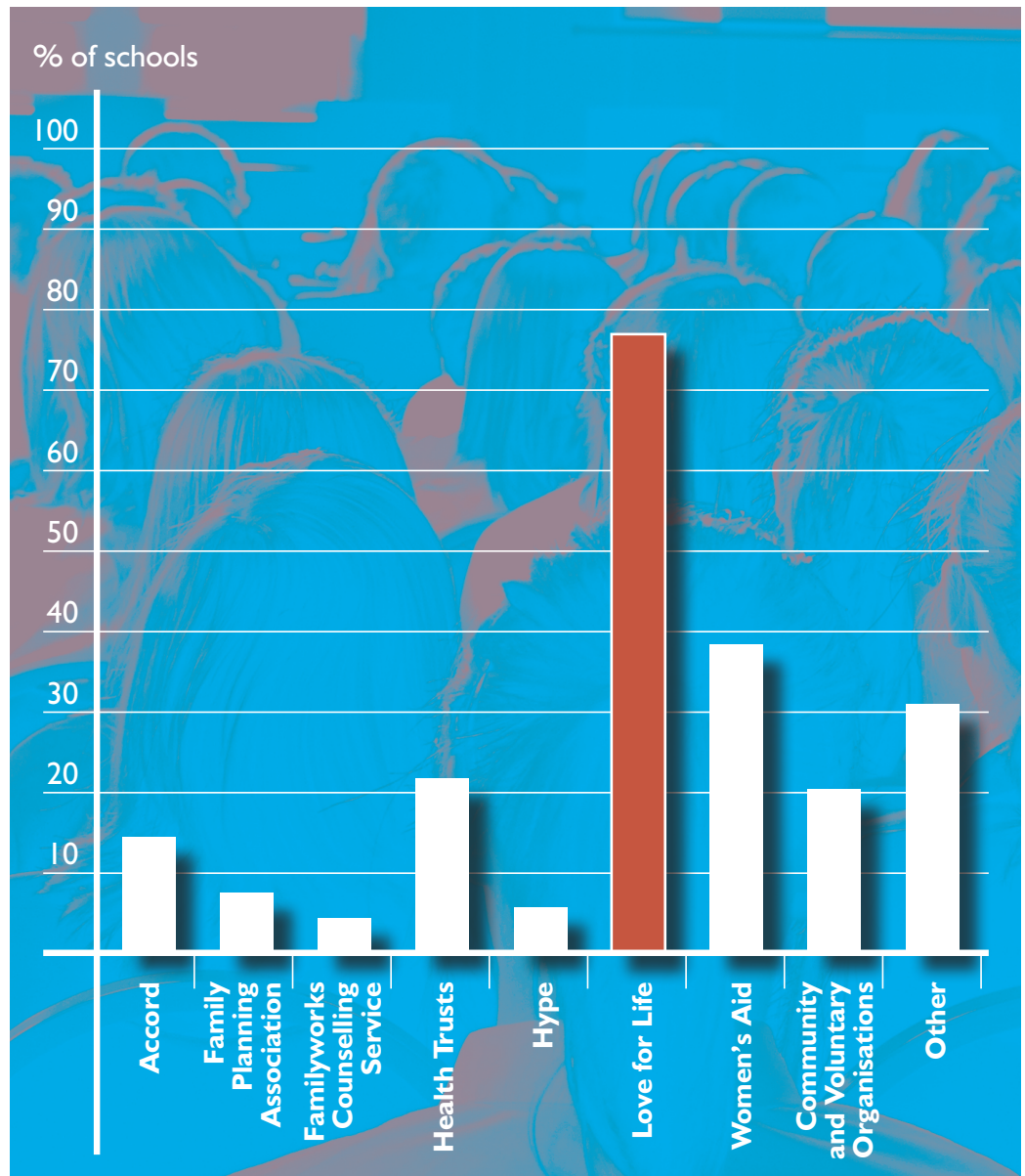
It was encouraging to read that of the high percentage of schools that are using external agencies to deliver RSE, the majority of those schools use Love For Life.

*“A number of external agencies were also used to support the school’s provision; most notably, Love for Life”*

Mr Goudie concluded: *“Overall, our evaluation found there is a solid foundation of good practice for the delivery of the complex issues related to relationship and sexuality education and much commitment on which future developments can build.”*

*“Results from the online survey indicate that almost all of the schools (97.2%) make use of external agencies to deliver elements of the programme”*

*“Since the last survey, good progress has been made in the development of the curricular provision for RSE. In the schools inspected, the provision ranged from outstanding to satisfactory, but was good or better in most schools”*



External Agencies involved in supporting schools RSE programmes - from the online survey



# School Programme Delivery

## School Report

*In the past academic year, the Love for Life team have literally travelled the length and breadth of Ireland to influence young people with a healthy message of respect for themselves, relationships and sex.*

*School programme delivery remains at the heart of what we do at Love for Life and this year we were encouraged to have the opportunity to work with 29,991 pupils in schools. We remain committed to delivering high quality, value based programmes which equip young people with the tools and skills to manage risk and make healthy decisions themselves.*

*Despite the recent spending cuts in education, we are proud our work continues to grow. An example of this is the **50% increase in the number of pupils that we have delivered to in the Belfast Education and Library Board area.** We look forward to having the opportunity to continue to build on this very positive foundation.*

Four programmes are delivered in the post primary setting.

**Who's Choosing** is very successful at helping pupils in year 8 and year 9 think about issues including self-esteem, peer pressure, image and relationships.

**Icebergs and Babies** for 14/15 year olds looks at the type of pressure that young people are under and the sources of that pressure. The presentation also examines perceptions of virginity and sex. Pregnancy, sexually transmitted infections and emotional hurt are discussed as possible outcomes of teenage sexual relationships.

**Dating and Mating** is the sequel to Icebergs and Babies and engages pupils in discussion about healthy dating relationships, challenging a casual

attitude and encouraging young people to examine their own expectations and worth.

**The Sex Factor** programme is designed for post 16 pupils. Using a mixture of whole group and smaller workshop activities, pupils address crucial ideas about how to make healthy choices as they prepare for life after school.

In all our programmes we seek to remind young people that they are responsible for making their own decisions and should at all times respect themselves and others.

In total 26,168 pupils received the School Presentation

### Records: By Board

SELB	NEELB	SEELB	BELB	WELB	SOUTH IRELAND
9935	4060	2984	4767	3122	1300
<b>TOTAL: 26168</b>					

### Records: By Programme

WhosChoosing	IcebergsBabies	DatingMating	Sex Factor
7726	10703	7087	652

## Primary 7

We have seen a huge increase in primary schools who are making independent bookings with Love for Life. This has been a great encouragement to us as those schools who no longer qualify to receive a subsidised programme still consider our message to be valuable and important for their pupils. This year 116 primary schools received a Love For Life programme input to their P7 year group.

### Number of primary school pupils

Down and Connor	1507
SELB	728
Independent	1588
<b>Total</b>	<b>3823</b>

The team at Love for Life passionately believe that every pupil deserves the opportunity to hear our message of respect for themselves, relationships and sex and look forward to building on excellence to continue to provide the best relationships and sexuality education programmes in Ireland.

*“Love for Life is now an established day in De La Salle High School. The pupils and staff always benefit from the presentations. The team members do a very professional job.”*  
**De La Salle High School, Downpatrick**

*“Pupils and teachers are still talking about the Love for Life presentation and how well the messages were delivered to the pupils at a level they understood and could deal with. The team were great and kept the attention of the pupils for the entire presentation. Very well done again!”*  
**Ballyclare High School**

*“I think it was very helpful to know about how media affects us and that not even models look as perfect as they seem.”*  
**Pupil Comment**

*“It was a brilliant presentation and it was really well presented – thank you!”*  
**Pupil Comment**

*“Learning that being a virgin isn't bad and that I shouldn't feel pressured to have sex”*  
**Pupil comment**



Olwyn Mark (on right) at the Romance Academy Training in Lisburn

*“It was good to have an insight into their world and what they have to deal with”*

**Quote from Parent**

*“So many matters were raised and discussed that aren’t normally given lip service and quite often referred to in general terms – this brought them into focus and hearing of others experiences was enlightening. The materials and talks were very worthwhile.”*

**Quote from Parent**

## Parenting Programmes

Equipping and supporting parents to talk to their children and young people around sensitive issues is key to protecting them as they make their choices. Love for Life continues to deliver relevant and informative parenting programmes, looking at issues such as puberty, media influence, peer pressure and risk taking behaviour. The workshops not only provide parents with essential information, but look at relevant strategies to help parents support their teenagers to develop a healthy respect for themselves, relationships and sex.

Parenting sessions were delivered across Northern Ireland in schools, churches and community settings including, Enniskillen, Belfast, Lisburn and Portadown. Once again we also partnered with SELB and facilitated programmes to P7 parents in Newry, Dungannon, Armagh and Craigavon.

## Romance Academy

Love for Life continues to work closely with others in promoting the ‘Romance Academy’ resource offering input to Romance Academy courses and being involved in training days for Youth workers being trained in the use of the resource.



The Faith Sub Group that Love for Life is part of successfully launched the UNIQUE resource during 2009 and it is hoped that other resources will follow. Many resources that are produced through health are condom/ contraceptive centred and often schools, parents and churches inform us that there is a significant gap and a need for resources that are delaying sex centred and relationships focused. The UNIQUE resource is a credit card packaged tool supported by a website [www.unique-ni.org](http://www.unique-ni.org) that will help young people and those caring or working with them begin and continue the dialogue around growing up, relationships and sex. If you would like a copy of UNIQUE, please email us at [info@loveforlife.org.uk](mailto:info@loveforlife.org.uk).



# Partnerships

Love for Life continues to be committed to working with others who share our value base. During the summer months we had a busy few months in Ireland, travelling around the country to help at various Christian residential camps and summer schemes.

We kicked off with a lively stay at Scripture Union's Carrickfinn boys' camp in Co. Donegal where we led workshops over 2 days speaking about God's take on relationships.



SU Carrickfinn boys' camp  
Then we visited the Junior Teens Week at Mullarton House in

Annalong. After sharing a talk on what the Bible says about dating and relationships, we split into groups for some questions and debate. Some of the girls shared how they had been discussing some issues together the night before and their questions had been answered through this session.

We were back to the Newcastle area to lead a similar workshop with Scripture Union's senior mixed adventure camp in the Shanaghmore centre. The 15-18 year olds grappled with the issues in groups so much it was almost impossible to get them to stop talking!

We also had the privilege of running a morning session at Lurgan Youth Annex with a group of early teens and partnering with the Youth Division of Dungannon SELB in an evening event with young adults

## Estonia

Love for Life continues to work in partnership with SU and SEOS in Estonia. SEOS are developing very



SEOS (meaning, 'your life you decide') team leader Anthony Jessop in Estonia

similar programmes for schools and youth groups around relationships and sexuality as Love for Life have developed and delivered over many years.

## Staff & Volunteers

Love for Life employs five full time and six part time staff within the areas of schools programme delivery, youth and community development, parenting, strategic engagement and administration.

Volunteers continue to be absolutely crucial to our effectiveness as an organisation. We appreciate all the very significant contributions of the many volunteers who support the work of our paid staff in all the different areas of Love for Life activity. We simply could not exist without our volunteers who give so willingly of their time and who play such a vital role within Love for Life.

Our Board of Directors, who also are all volunteers, continue to meet regularly to steer Love for Life's path and strategic direction. We value their wisdom and their commitment.

Thanks to all those who volunteer in so many different ways to make the work of Love for Life what it is. Your contribution is appreciated.



Love for Life is dependent on the financial contribution of so many individuals, churches and businesses that are committed to the work we do with young people, in the community and at a strategic level and who donate monthly, annually and/or support our various fundraising events.

We continue to contribute to regional and local Government agendas and we receive some funding through statutory sources in the Southern and Belfast Health Trust areas for programme delivery.

We also receive funding from some non-statutory Trusts.

Love for Life recuperates some of our costs through a charge to those who benefit from the programmes we deliver. We remain committed to schools, church and community groups and have always endeavoured not to exclude any group from valuable programme input by keeping

our costs as low as possible to ensure wide access to the programmes that Love for Life delivers.

We ended the financial year, which was difficult in the current financial climate with only a deficit of £18,955 with a total organisational income of £327,781 and an expenditure of £346,736 which includes expenditure in designated projects.

The following figures give some indication of how the different streams of funding contribute to the overall picture.

I personally would like to thank you for your support that continues to make it possible for Love for Life to carry out the work that we are committed to do.



## Financial Information for Annual Report

For Period 1st September to 31st August 2010

*A full set of audited accounts is available from Love for Life upon request.*

### INCOME

Source	2009/2010 (£)	2008/2009 (£)
Statutory Trusts	27,767	49,852
Voluntary Trusts	20,932	24,312
School Fees	86,352	70,524
Fundraising and Donations	68,568	114,592
Business/Church Donations	11,385	8,665
Designated Projects	104,008	84,920
Sundry	8,769	9,662
<b>Total</b>	<b>327,781</b>	<b>362,527</b>

### EXPENDITURE

Costs	2009/2010 (12 months) (£)	2008/2009 (12 months) (£)
Wages and NIC	210,017	256,922
Other Expenditure <i>including expenditure in designated projects.</i>	136,719	109,664
<b>Total</b>	<b>346,736</b>	<b>366,586</b>



# Schools that received our programmes this year

## Post Primary Schools

122 schools in total  
(113 N Ireland – 9 Southern Ireland)

### Belfast Board (16 schools)

Aquinas Grammar School, Belfast  
Bloomfield Collegiate, Belfast  
Campbell College, Belfast  
Dominican College, Belfast  
Little Flower Girls' School, Belfast  
Methodist College, Belfast  
Rathmore Grammar, Belfast  
RBAI, Belfast  
St Dominic's High School, Belfast  
St Genevieve's High School, Belfast  
St Gemma's High School, Belfast  
St Joseph's College, Belfast  
St Malachy's College, Belfast  
St Mary's Christian Brothers School, Belfast  
St Rose's High School, Belfast  
Strathearn School, Belfast

### Northern Board (18 schools)

Antrim Grammar School, Antrim  
Ballycastle High School, Ballycastle  
Ballyclare High School, Ballyclare  
Belfast High School, Belfast  
Cambridge House, Ballymena  
Carrickfergus College, Carrickfergus  
Castle Tower School, Ballymena  
Coleraine High School, Coleraine  
Cullybackey High School, Cullybackey  
Loreto College, Coleraine  
Dalriada School, Ballymoney  
Dunclug College, Ballymena  
Rainey Endowed, Magherafelt  
Slemish College, Ballymena  
St Benedict's College, Randalstown  
St Colm's High School, Draperstown  
St Mary's College, Portglenone  
Ulidia College, Carrickfergus

### South Eastern Board (14 schools)

Assumption Grammar, Ballynahinch  
Ballynahinch High School, Ballynahinch  
Bangor Grammar, Bangor  
Blackwater Integrated College, Downpatrick  
De La Salle High School, Downpatrick  
Forthill College, Lisburn  
Friends School, Lisburn  
Our Lady & St Patrick's College, Belfast  
Regent House School, Newtownards  
St Colman's High School, Ballynahinch  
St Columbanus College, Bangor  
St Patrick's Grammar, Downpatrick  
Strangford Integrated College, Carrowdore  
Wallace High School, Lisburn

### Southern Board (46 schools)

Abbey Grammar School, Newry  
Banbridge Academy, Banbridge  
Banbridge High School, Banbridge  
Brownlow College, Craigavon  
City of Armagh High School, Armagh  
Clounagh High School, Portadown  
Craigavon Senior High School, Portadown  
Craigavon Senior High School, Lurgan  
Dromore High School, Dromore  
Drumglass High School, Dungannon  
Holy Trinity College, Cookstown  
Integrated College, Dungannon  
Kilkeel High School, Kilkeel  
Killicomaine Junior High School, Portadown  
Lismore Comprehensive College, Craigavon  
Lurgan College, Lurgan  
Lurgan Junior High School, Lurgan  
Markethill High School, Markethill  
New Bridge Integrated College, Loughbrickland

Newry High School, Newry  
Newtownhamilton High School, Newtownhamilton  
Our Lady's Grammar School, Newry  
Portadown College, Portadown  
Rathfriland High School, Rathfriland  
Royal School, Armagh  
Royal School, Dungannon  
Sacred Heart Grammar School, Newry  
St Brigid's High School, Armagh  
St Catherine's College, Armagh  
St Colman's College, Newry  
St Joseph's Grammar School, Donaghmore  
St Joseph's High School, Coalisland  
St Joseph's High School, Crossmaglen  
St Joseph's High School, Newry  
St Louis Grammar School, Kilkeel  
St Mark's High School, Warrenpoint  
St Mary's High School, Lurgan  
St Mary's High School, Newry  
St Michael's Grammar School, Lurgan  
St Patrick's Academy, Dungannon  
St Patrick's College, Dungannon  
St Patrick's Grammar School, Armagh  
St Patrick's High School, Keady  
St Paul's High School, Bessbrook  
St Paul's Junior High School, Lurgan  
Tandragee Junior High School, Tandragee

### Western Board (19 schools)

Dean Brian Maguire, Carrickmore  
Drumragh College, Omagh  
Foyle & Londonderry College, Derry  
Limavady High School, Limavady  
Lisneal College, Derry  
Lumen Christi, Derry  
Magherafelt High School, Magherafelt  
Mount Lourdes, Enniskillen  
Portora Royal School, Enniskillen  
Sacred Heart College, Omagh  
Sperrin Integrated College, Magherafelt  
St Aidan's High School, Derrylin  
St Eugene's College, Rosslea  
St Fanchea's College, Enniskillen  
St Mary's College, Derry  
St Mary's High School, Belleek  
St Pius X High School, Magherafelt  
Strabane Grammar, Strabane  
Thornhill College, Derry

### Southern Ireland (9 schools)

Bush Post Primary, Dundalk  
Carrick-on-Shannon Community School, Leitrim  
Carrigallen Vocational School, Leitrim  
Cavan Royal School, Cavan  
Inver College, Carrickmacross  
Moyness Community School, Longford  
O'Fiach College, Dundalk  
Royal & Raphoe, Donegal  
Wilson's Hospital School, Westmeath

### Post Primary School Presentation Numbers

Year 2009-2010   By Board	
SELB	9935
NEELB	4060
SEELB	2984
BELB	4767
WELB	3122
Southern	1300
<b>Total</b>	<b>26168</b>

Year 2009-2010   By Presentation	
Who's Choosing?	7726
Icebergs & Babies	10703
Dating & Mating	7087
Sex Factor	652
<b>Total</b>	<b>26168</b>

## Primary Schools

116 schools in total

### Down & Connor Maintained Primary Schools (42 schools)

Ballymacrickett Primary School, Glenavy  
Ballymacward Primary School, Stoneford  
Carlane Primary School, Toomebridge  
Edmund Rice Boys' Primary School, Belfast  
Glenann Primary School, Glenann  
Holy Child Primary School, Andersonstown  
Holy Cross Boys' Primary School, Ardoyne  
Holy Cross Girls' Primary School, Ardoyne  
Lourdes Primary School, Carrickfergus  
Moneynick Primary School, Randalstown  
Our Lady Queen of Peace Primary School, Dunmurry  
Seaview Primary School, Glenarm  
St Aloysius Primary School, Lisburn  
St Anne's Primary School, Donaghadee  
St Anne's Primary School, Finaghy  
St Bernard's Primary School, Belfast  
St Bernard's Primary School, Glengormley  
St Brigid's Primary School, Ballymena  
St Clare's Primary School, Belfast  
St Colman's Primary School, Kilkeel  
St Colmille's Primary School, Ballymena  
St Comgall's Primary School, Antrim  
St Comgall's Primary School, Bangor  
St Finian's Primary School, Newtownards  
St John the Baptist Boys' Primary School, Belfast  
St John the Baptist Girls' Primary School, Belfast  
St Joseph's Primary School, Carnacaville  
St Joseph's Primary School, Carryduff  
St Joseph's Primary School, Lisburn  
St Luke's Primary School, Twinbrook  
St MacNissi's Primary School, Larne  
St Malachy's Primary School, Bangor  
St Malachy's Primary School, Castlewellan  
St Malachy's Primary School, Eliza Street  
St Malachy's Primary School, Kilcoo  
St Mark's Primary School, Twinbrook  
St Mary's Primary School, Aughlisnafin  
St Mary's Primary School, Comber  
St Nicholas' Primary School, Carrickfergus  
St Oliver Plunkett Primary School, Toomebridge  
St Paul's Primary School, Mica Drive  
Star of the Sea Girls' Primary School, Belfast

### SELB Primary Schools (35 schools)

Armstrong Primary School, Armagh  
Bush Primary School, Dungannon  
Churchill Primary School, Dungannon  
Clea Primary School, Armagh  
Clintyclay Primary School, Dungannon  
Clontifleece Primary School, Warrenpoint  
Cope Primary School, Dungannon  
Derrylatinee Primary School, Dungannon  
Drumadonnell Primary School, Ballyronay  
Drumgor Primary School, Craigavon  
Donaghey Primary School, Dungannon  
Dungannon Primary School, Dungannon  
Gaelscoil ui Neill, Coalisland  
Grange Primary School, Armagh  
Howard Primary School, Dungannon  
Keady Primary School, Armagh  
Kilbroney Primary School, Rostrevor  
Laghey Primary School, Dungannon  
Lough Road Learning Centre, Lurgan  
Millington Primary School, Portadown  
Newmills Primary School, Dungannon  
Phoenix Integrated Primary School, Cookstown  
Portadown Integrated Primary School, Portadown  
Richmount Primary School, Portadown  
Scarva Primary School, Scarva  
St Mary's Primary School, Dungannon  
St Mary's Primary School, Dunamore

St Mary's Primary School, Rathfriland  
St Mary's Primary School, Tassagh  
St Patrick's Primary School, Armagh  
St Patrick's Primary School, Derrynaseer  
St Patrick's Primary School, Moneymore  
St Paul's Primary School, Cabra  
St Peter's Primary School, Moortown  
St Peter's Primary School, Dungannon

### Independent Primary School (39 schools)

Academy Primary School, Saintfield  
Augher Central Primary School, Augher  
Ballinderry Primary School, Ballinderry  
Ballyoran Primary School, Portadown  
Brownlee Primary School, Lisburn  
Clogher Regional Primary School, Clogher  
Cortamlet Primary School, Newry  
Donard Primary School, Newcastle  
Drumsallan Primary School, Killylea  
Gibson Primary School, Omagh  
Hamiltonsbawn Primary School, Hamiltonsbawn  
Hardy Memorial Primary School, Richhill  
Holy Trinity Primary School, Cookstown  
Holy Trinity Primary School, Enniskillen  
Killyleagh Primary School, Killyleagh  
Kings Park Primary School, Lurgan  
Lisnadill Primary School, Armagh  
Markethill Primary School, Markethill  
McKinney Primary School, Dundrod  
Poynztpass Primary School, Poynztpass  
St Brigid's Primary School, Augher  
St Claire's Primary School, Newry  
St Colman's Abbey Primary School, Newry  
St Dallan's Primary School, Warrenpoint  
St Francis Primary School, Lurgan  
St James' Primary School, Poynztpass  
St Jarlath's Primary School, Blackwatertown  
St John's Primary School, The Moy  
St Macartan's Primary School, Clogher  
St Malachy's Primary School, Armagh  
St Malachy's Primary School, Camlough  
St Mary's Primary School, Banbridge  
St Mary's Primary School, Cabragh  
St Mary's Primary School, Fivemiletown  
St Mary's Primary School, Newcastle  
St Mary's Primary School, Portglenone  
St Patrick's Primary School, Aughadarragh  
St Ronan's Primary School, Newry  
Tannaghmore Primary School, Tannaghmore

### Primary school numbers

	Number of pupils
Down and Connor	1507
SELB	728
Independent	1588
<b>Total</b>	<b>3823</b>

**29,991 pupils in 238 schools received a Love For Life presentation this year**