

SEX DRIVE

Love for Life realises that the needs of individual schools are very specific and are therefore happy to customise our presentations to ensure that the needs and ethos of every partner school are met and promoted.

This exciting presentation allows post-16 pupils to develop skills and competencies related to decision making on the important issues of relationships and sex.

Using a mixture of whole group presentations and smaller workshop activities, pupils address crucial ideas about how to make healthy choices as they prepare for life after school.

This programme is aimed at young adults who are preparing for university or employment and may be moving away from home for the first time, socialising in new environments or meeting new challenges.

At Love for Life we seek to encourage young people to make responsible and informed choices after they have carefully considered options and consequences. We realise that young adults face difficult and demanding choices in the later teenage years and Love for Life would be delighted to partner with your school to tailor a package that would best suit your pupils.

Topics covered in the presentation:

- Committed relationships versus casual relationships
- Expectations within relationships and the influence of pornography
- Marriage and the future
- Sexually Transmitted Infections
- Contraception
- Unplanned pregnancy
- Parenting
- Sex and the law



This workshop based presentation has been designed for pupils who are preparing to leave school and aims to develop their understanding of relationships and the responsibilities of healthy relationships. The presentation seeks to prepare such pupils for the opportunities, responsibilities and experiences of life by equipping them with appropriate knowledge, understanding and skills.

Pupils should be enabled to:

- Examine the issues of trust, loyalty and commitment as important components in long term relationships.
- Gain a sound understanding of the range of contraceptives available and the advantages and disadvantages of each.
- Develop an understanding of what constitutes a healthy relationship.
- Explore the role of values and attitudes in the development and maintenance of such relationships.
- Pupils will look at the issue of consent and the laws surrounding sexual behaviour.
- Identify a range of strategies to resolve challenging relationship scenarios.
- Discuss abstinence as a viable option in a relationship.
- Identify the consequences of unhealthy sexual relationships, for example Sexually Transmitted Infections, unplanned pregnancy and emotional stress.
- Identify ways to manage risk leading to positive outcomes.

Pupils should have the opportunities to:**Self-awareness:**

- Explore personal morals, values and beliefs.
- Investigate the influences on a young person.

Personal health:

- Investigate the effects on the body of legal and illegal substances and the risks and consequences of their misuse.

Relationships:

- Explore the implications of sexual maturation.

Young people should be able to:

- Show deeper understanding by thinking critically and flexibly, solving problems and making informed decisions.
- Work effectively with others
- Demonstrate self-management
- Communicate effectively
- Manage risk