



PRIMARY PROGRAMME

iSmart

Inspiring 8–10 year olds to use the online world to build and maintain healthy relationships by celebrating the benefits as well as identifying and managing the risks.



INTRODUCTION

Context

In each programme we create a storyline to help us share our information effectively throughout the Key Stages. This creates an opportunity for the pupils to consider the information objectively. There are a number of characters in our story, but Oscar and Martha are the hero characters. They feature throughout all the programmes, growing up with the pupils through their school years.

iSmart | Setting the scene

In "iSmart", our characters think they know all about technology and the online world, much more than their teachers! So when the school inspectors arrive, the characters quickly introduce themselves and bring them on a tour of the school.

In this tour they'll explore how far technology has come in recent years, how technology is used to communicate and the importance of keeping safe online. Through the programme, young people will know what to do if they see a message that makes them feel uncomfortable and how to use technology positively.



CONTENT OVERVIEW

Overview

iSmart is an interactive presentation that takes Key Stage 2 pupils on a journey through the digital world and helps them to make smart and safe choices online.

The presentation encourages pupils to use and develop critical thinking and problem-solving skills to navigate tricky situations that they may come across online. It also helps them develop language so they can describe how they operate in the online world. Pupils will be encouraged to reflect on how digital platforms affect the rest of the world and to consider how they can make this impact a positive one in their lives.

Topics Covered in the Presentation

- Self-esteem & uniqueness
- How the internet works
- How to treat people online/cyberbullying
- Personal information & sharing
- Social Media & mental health
- Safe searching
- How to get help (helping them identify their trusted adults, from whom they can seek help)



Curriculum Links

Learning Intentions	<p>Their uniqueness Making good choices online The importance of not comparing themselves Respecting others Responding to cyberbullying Safe searching on the internet Balancing time online</p>
Skills & Capabilities	<p>Thinking, Problem-Solving, Decision-Making Working with Others Self-Management</p>
Learning Experiences	<p>Media-rich Active and Hands On Enquiry Based Relevant and Enjoyable Investigating and Problem Solving</p>
Attitudes & Disposition	<p>Personal Responsibility Concern for Others Respect Self-Confidence</p>



PRESENTATION OVERVIEW

Introduction

The presenters introduce themselves and the work of Love For Life.

We introduce Oscar & Martha here.

The storyline is that Oscar & Martha's school is having an inspection on how they interact with the online world; we will journey with them and go into lots of different rooms of the school on the way.

We introduce some guidelines for the time ahead – ensuring that everyone can have a positive experience of the programme.



Self-esteem & uniqueness

We start this section with a 'device quiz'. From this we will ask the question "how does one device know to send something to the other?" – this is because they all have a unique serial code. Just like each device is unique, each and every one of us is unique too and has unique features.

We encourage the young person that because they are unique, they are also valuable and that their choices matter.



How the internet works

We unpack the journey a text message goes on, noticing that at each stage of the journey (the phone, satellite, etc.) there is a picture left at it. This gives the young person an understanding that once we send something it can always be online, even after we delete it.

We introduce the granny rule - if you wouldn't want your granny or someone you look up to see it, why would you send it to anyone else?

How to treat people online & cyberbullying

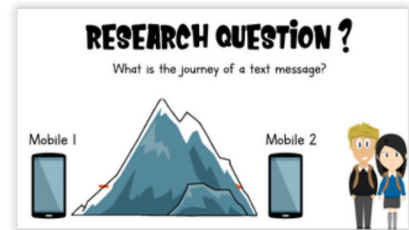
We start to think about 'does what we say online matter?'. To do this, we use a series of videos in which the young people decide how the person on the receiving end might feel.

We also acknowledge what cyberbullying is and how someone might be impacted by it, concluding with encouragement of places to go for support.

Personal information & sharing

We introduce this topic by doing a privacy quiz of social media settings pages, concluding with a chat around age limits and how we can be safe on them.

We think about who you would share certain information with and the dangers that might come with that, e.g. who would you share a selfie or a phone number with?



Social media & mental health

We ask the question 'can social media change the way we feel about ourselves?'. To do this, we play a game of spot the difference, recognising how much easier it can be to spot differences rather than similarities online.

We consider comparison and how when it comes to the online world it's important that we don't compare as we often don't see the big picture of someone else's life.

We also think about balancing our time on the online world, thinking about how restrictions are not put in place to spoil our fun, but rather maximise it.



Safe searching

We encourage young people to be SAFE online, within an acronym; S – Specific, A – (never) Alone, F – Filter and E – Enjoy. This encourages young people to be wise when searching the online world and knowing that it's important to always talk to someone about what you are searching.



How to get help

We finish our programme with thinking about who can help us with specific issues on the online world, encouraging young people to always talk about what is happening online, both positive and negative.